

A Study of Self-Concept in Relation to Social Skills of College Students

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Abstract— This study was initiated to assess the self-concept in relation to social skills of B.Sc students and B.A students of BPSMV Khanpur Kalan, (Sonipat). 200 Students of BPSMV composed a sample for this study. Self-concept Questionnaire by Dr. (Mrs.) Pratibha Deo and Social skills rating scale by Dr. Vishal sood, Dr. (Mrs.) Arti Anand and Suresh kumar were employed to relate the self-concept and social skills of students. Mean, Standard deviation and 't' test were used as statistical techniques to analyze the data. The results indicate that the self-concept and social skill have low positive correlation and are to some extent significantly related to each other.

Keywords— Self-concept, Social skills, College students.

I. INTRODUCTION

Social skills are those skills by which we can communicate with each other people. We are the social beings, so it is necessary to communicate with others. It allows us to survive, grow, see other point of view and live in amiability. Social skills are a set of behaviors that allow us to interact and relate to others effectively and satisfactorily. An interesting aspect about them is that they can be learned, strengthened and developed day by day with practice. While it is true that this will not always be easy due to the degree of complexity of some of them.

Definition of Social skill: what really matters, for success, character, happiness and significant achievement is a defined set of social skills, not just the cognitive abilities measured by traditional IQ test - (Daniel Goleman)

Importance of social skills in education-

- To build better relationship- when we use social skills in our daily life activities, then our relationship become better with other people.
- To improve communication skill- the use of social skills, improve our communication skill, if the person have better communication skill then he can easily explain his ideas and point of view.
- Increase in competence- if you have good understanding power and you are good in social skills then you can readily work together with other or in group.
- Achievement of carrier- if you have good social skills it give better impact on your

Self-concept

Self-concept is the set of characteristics (aesthetic, physical, affective etc.) that serve to define the image of 'me'. Self-concept is a concept in which a child or person talks

about himself/herself. In this we represent our feelings, our behavior, our physical appearance or our situation etc.

Self-concept in education- self-concept determine the academic execution because on a quantitative and qualitative level, you concept of your self will have an impact on the effort that you will put into learning new things doing difficult work and solving problem etc.

II. REVIEW OF THE LITERATURE

Review of the literature was done for both the variable, a researcher founded that in India there our less experimental research in this field of social skill. Therefore, the investigator felt that there was a need to study the effect of social skill training program on self-concept of college students. The researcher decide to design the research to explore the effect of social skills on self-concept of college students.

Objectives of the Study

1. To find the self-concept in relation to social skills of college students.
2. To compare the self-concept of B.A & B.sc students of BPSMV.
3. To compare the social skills of B.A & B.sc students of BPSMV.

Hypothesis of the study-

H-1 There exists no significance relationship between self-concept and social skills of B.A & B.Sc. students of BPSMV.

H-2 There exists no significance difference in self-concept of B.A & B.Sc. students of BPSMV.

H-3 There exists no significant difference in social skills of B.A & B.Sc. students of BPSMV.

III. METHOD

Descriptive survey method was used in present study.

Population

All college students studying in B.Sc. (Medical), B.sc (Non-medical), B.sc (computer science) and B.A in BPSMV of Sonipat district compressed the target population for the present study.

Sample

200 college students of B.A & B.sc of BPSMV Khanpur kalan, Sonipat were selected for the sample of this study on the basis of random sampling method.

Tool used:

- Self-concept rating scale (2011) by Dr. (Mrs.) Pratibha deo.
- Social skill rating scale (2012) by Dr. Vishal Sood & DR. Arti Anand.

Statistical techniques used

- Mean
- Standard deviation
- ‘t’ test and correlation were used to analyze the data.

Interpretation

H-1 there exists no significant relationship between self-concept and social skill of science B.A. & B.sc students of BPSIHL.

TABLE 1.

Variable	N	Mean	SD	Correlation
Self-concept	200	245.47	30.11	0.0983
Social skills	200	246.9	32.62	

Interpretation

It is conclude from above table 1 that the computed ‘r’ value of self-concept with the social skills is 0.0983. So, it can be further interpreted that there is low positive correlation between self-concept and social skill among college students of BPSMV Khanpur Kalan, Sonipat district both the variable are to some extent significantly related to each other. So the null hypothesis “There exists no significance relationship between self-concept and social skills of B.A & B.Sc. students of BPSMV” is rejected. Further it can be inferred that higher the self-concept higher the social skill will be.

H-2 There exists no significant difference in self-concept of B.A and B.sc students of BPSMV Khanpur Kalan, Sonipat.

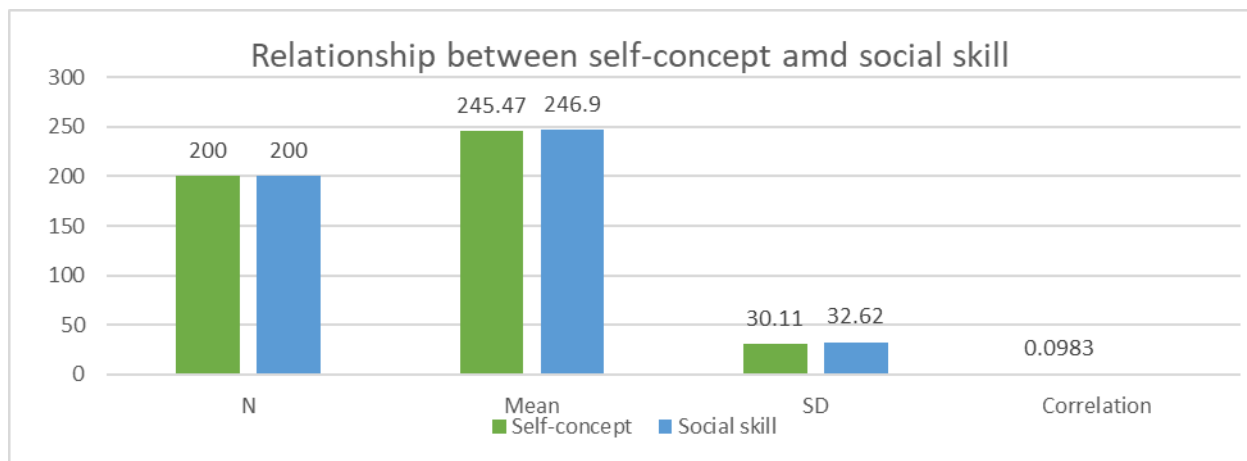
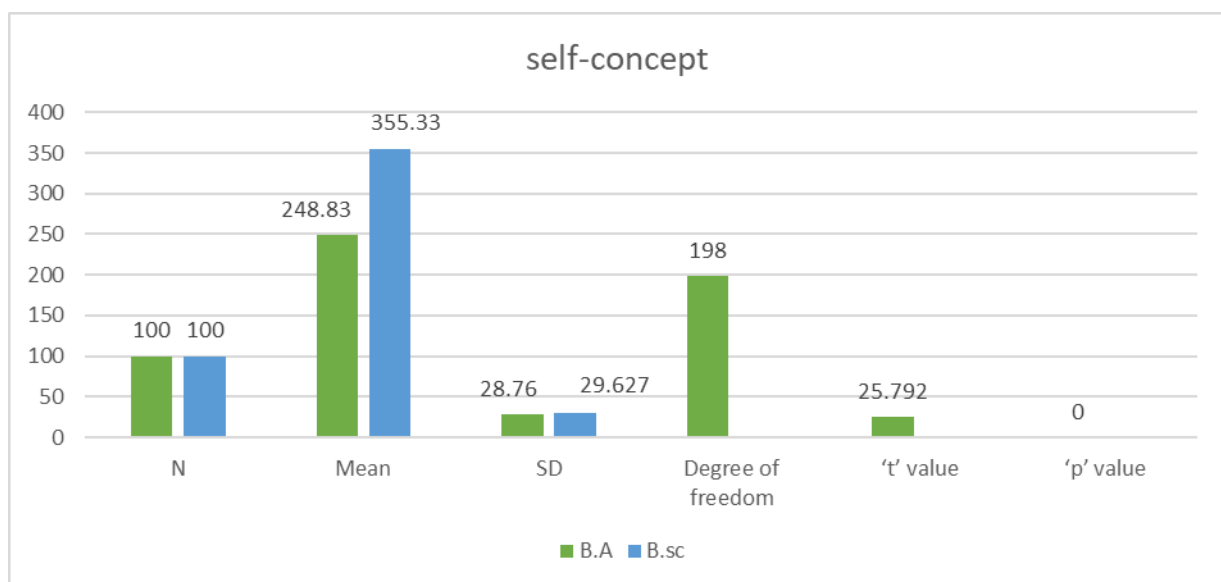


TABLE 2. Comparison of self-concept of B.A & B.sc students of BPSMV.

	Class	N	Mean	SD	Degree of freedom	‘t’ value	‘p’ value
Self-concept	B.A	100	248.8300	28.76	198	25.792	0.000
	B.sc	100	355.3300	29.627			



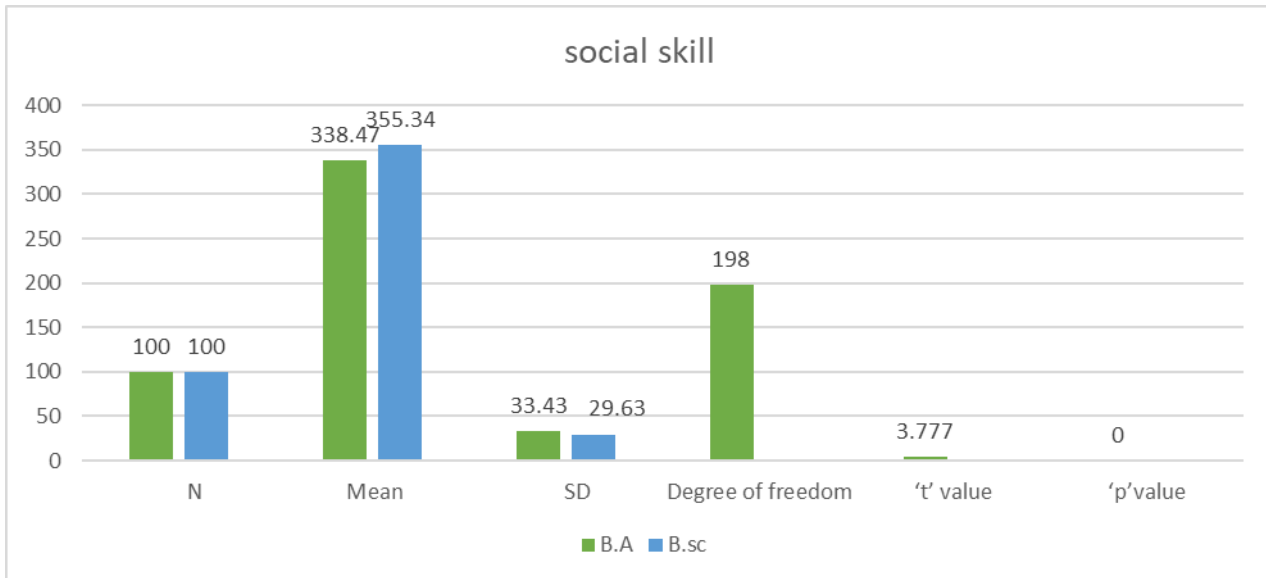
Interpretation

From the above table 2, it is clear that the mean score of self-concept of B.A class is 248.8300 and B.sc class students is 355.33. The SD of B.A & B.sc class comes out be 28.76 and 29.62 respectively. 't' value between B.A & B.sc. is 25.792 with 'p' value 0.000. Which is highly significant at 1% level of significance. So the null hypothesis "there exists no significant difference in self-concept of B.A & B.sc students of BPSMV" is rejected. The higher means score of B.sc students showed that self-concept of B.sc students higher than B.A students.

H-3 There exists no significant difference in social skill of B.A and B.sc students of BPSMV.

TABLE 3. Comparison of social skills of B.A & B.sc Students of BPSMV.

	Class	N	Mean	SD	Degree of freedom	't' value	'p' value
Social skill	B.A	100	338.4700	33.43	198	3.777	0.000
	B.sc	100	355.3400	29.63			



Interpretation

From the table 3, it is clear that the mean score of social skills of B.A students of BPSMV and B.sc student of BPSMV is 338.4700 and 355.3400 respectively. The SD of B.A student and B.sc students of BPSMV comes out 33.43 and 29.63 respectively. So the null hypothesis "there exists no significant difference in self-concept of B.A & B.sc students of BPSMV" is rejected. It can be further inferred on the basis of higher mean score the social skills are higher among B.A students in comparison of B.Sc.

IV. CONCLUSION

The result of the present study indicated that there is low positive correlation between self-concept and social skill among college students at graduation level. On the basis of this result it can be concluded care should be taken while developing the self-concept as higher self-concept leads to higher social skills development. Further B.A students should be motivated to develop higher self-concept while improvement is needed to development social skills in case of B.sc students.

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